

Life Group Notes & Discussion Guide, September 7th, 2025

Series: **“Understanding the Sacraments”**

Message: **“Do This in Remembrance of Me”**

Sermon Text: **1 Corinthians 11:23-32**; Old Testament Text: **Psalms 77:11-15**; Gospel Text: **Luke 22:14-20**. Read **1 Corinthians 11:23-32** as you listen to the sermon, then answer the questions below.

1. What is a sacrament?

What was the meaning of the Greek word from which we get the word *sacrament*?

2. What three conditions must be met for something to be considered a sacrament in the Lutheran church?

3. Read **1 Corinthians 11:23-24**. What did Jesus mean when He said after picking up the bread and giving thanks, *“This is my body, which is for you.”*

What is Jesus asking us to do when He says, *“Do this in remembrance of me?”*

4. Read **1 Corinthians 11:25**. Pastor Dave said there were 4 cups of wine used in the Passover meal. What was the name & number of this cup?
What is Jesus saying when He says, *“This cup is the new covenant in my blood?”*

How do we properly *do this in remembrance of Him*?

5. Read **1 Cor. 11:26**. Why should we *proclaim the Lord's death until he comes*?
6. Read **1 Cor. 11:27**. What sorts of things would cause us to take Holy Communion in *an unworthy manner*?
7. Read **1 Cor. 11:28**. What is Paul talking about when he says, *let a person examine himself*?
8. Read **1 Cor. 11:29**. How would someone take Holy Communion *without discerning the body*?
9. Read **1 Cor. 11:30**. According to Paul, why are so many Corinthians sick and why have so many died?
10. In **1 Cor. 11:31**, to what is Paul referring when he says, *if we judged ourselves truly, we would not be judged*?
11. What does **1 Cor. 11:32** mean to you?
12. What will you remember most from this message?

Discussion Guide for Your Life Group Meeting

- I. At your Life Group meeting, first read **Psalm 77:1-15** aloud. It can be helpful to have several people each read one verse from their Bible. This helps people feel involved and can also introduce some interesting discussion if several translations are used. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
 1. What kind of mood does **Ps. 77:1-10** set? Now, read **Ps. 77:11**.
 2. Why do you think the psalmist is so determined in **v. 11** *to remember the deeds of the Lord*?
 3. If the psalmist does what he says he will do in **Ps. 77:12**, what do you think that will do for his faith?
 4. In **Ps. 77:13**, what does it mean when it says, *Your way, O God, is holy*?
 5. How does **Ps. 77:14-15** help the psalmist to maintain an optimistic outlook?
- II. Next read **Luke 22:14-20**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
 1. In **Luke 22:14**, what does Luke mean when he says, *when the hour came*?
 2. What does it mean when it says, *he reclined at table*?
 3. In **Luke 22:15**, why do you think Jesus *so earnestly desired to eat this Passover with his apostles before he suffered*?
 4. Read **Luke 22:16**. What is Jesus declaring in this verse?
 5. In **Luke 22:17**, what was the name and the number of the cup described here?
 6. In **Luke 22:18**, when does it tell us Jesus will once again *drink of the fruit of the vine*?
 7. In **Luke 22:19**, what is significant about the bread which Jesus picked up? Why is Jesus's body like this bread?
 8. How do we properly celebrate Holy Communion in *remembrance of Christ*?
 9. In **Luke 22:20**, what was the name and number of the cup described here?
 10. What is *the new covenant in His blood*?
- III. Read **1 Corinthians 11:23-32**, utilizing several group members to each read one verse aloud. After reading the passage discuss it. If you are having trouble stimulating discussion, you can try asking some of the following questions:
 1. What is a sacrament?
 2. What was the meaning of the Greek word from which we get the word *sacrament*?
 3. Why is this a great definition of *sacrament*?
 4. What three conditions must be met for something to be considered a sacrament in the Lutheran church?

5. Read **1 Corinthians 11:23-24**. What did Jesus mean when He said after picking up the bread and giving thanks, ***“This is my body, which is for you.”***
6. What is Jesus asking us to do when He says, ***“Do this in remembrance of me?”***
7. Read **1 Corinthians 11:25**. Pastor Dave said there were 4 cups of wine used in the Passover meal. What was the name & number of this cup?
8. What is Jesus saying when He says, ***“This cup is the new covenant in my blood?”***
9. How do we properly ***do this in remembrance of Him?***
10. Read **1 Cor. 11:26**. Why should we ***proclaim the Lord’s death until he comes?***
11. Read **1 Cor. 11:27**. What sorts of things would cause us to take Holy Communion in ***an unworthy manner?***
12. Read **1 Cor. 11:28**. What is Paul talking about when he says, ***let a person examine himself?***
13. Read **1 Cor. 11:29**. How would someone take Holy Communion ***without discerning the body?***
14. Read **1 Cor. 11:30**. According to Paul, why are so many Corinthians sick and why have so many died?
15. In **1 Cor. 11:31**, to what is Paul referring when he says, ***if we judged ourselves truly, we would not be judged?***
16. What does **1 Cor. 11:32** mean to you?